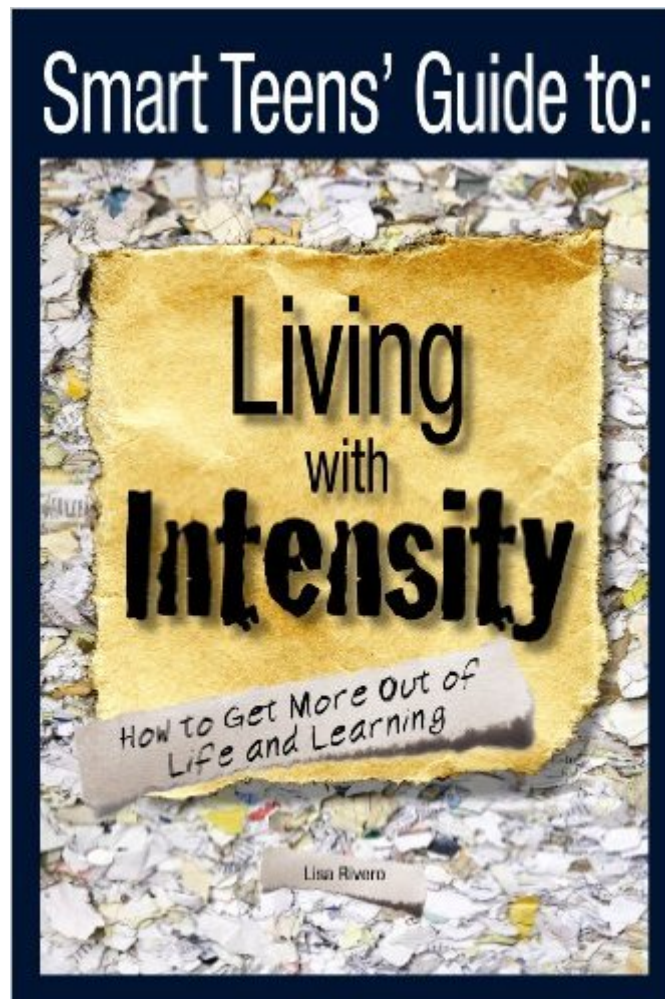


The book was found

# Smart Teens' Guide To Living With Intensity: How To Get More Out Of Life And Learning



## Synopsis

This book is written for pre-teens and teens who love to learn, even if they don't necessarily love school. Discover yourself as an intense and excitable learner, a creative learner, and a self-directed learner. Read about how to manage perfectionism and self-talk, how to understand your parents better, and how to take charge of your education, whether you go to public school, private school, or homeschool.

## Book Information

Paperback: 144 pages

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Average Customer Review: 4.9 out of 5 starsÂ Â See all reviewsÂ (7 customer reviews)

Best Sellers Rank: #541,684 in Books (See Top 100 in Books) #30 inÂ Books > Teens > Personal Health > Body, Mind & Spirit #63 inÂ Books > Teens > Education & Reference > School & Education #488 inÂ Books > Teens > Education & Reference > Social Science

## Customer Reviews

When we adults were sensitive teens, we were lucky if we found a relative, teacher, or counselor who understood us and could guide us safely through the difficult teen years. Many of us weren't lucky, and we went through years of confusion, despair, and anxiety over the fact that we seemed to be different from other kids. Rivero's book makes sure that any teen who needs the advice and support of a caring, understanding adult can find it. By putting into print what all gifted teens come to realize - that their life experiences are qualitatively different from the norm - Rivero allows intense teens to start to understand and accept their differences. The book offers caring support, advice, and ideas for gifted teens. It addresses the great variety of questions that teens will have, from school to sexuality to dealing with parents, with clear advice and helpful ideas. I recommended this book highly in my book for gifted homeschoolers, *From School to Homeschool: Should You Homeschool Your Gifted Child?*, and I recommend it to anyone who has an intense, sensitive teen in their lives.

I teach gifted adolescents and this review is, really, from THEM. They LOVE this book. It truly

validates who they are (not just IQs and IEPs) and how they feel. Dabrowski-based, each "Intensity" is defined and exemplified through scenarios depicting how it teens perceive and interact with the world around them. Great for parents, as well!

Teens who consistently think "outside the box" will find help in making education stimulating and interesting. There is also guidelines for a gifted teen to understand why he/she often feels different than other teens they know.

I teach junior high on level, AP and GT, this book really speaks to some of my students. I read the book during a 45 minute staff development and had such a better understanding of my students.

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